

WHOM YOU KNOW

"It's not who you know that counts: it's whom you know." FEATURING MANHATTAN'S BEST IN CLASS & MOST INTERESTING: PEOPLE, PLACES, EVENTS, BOOKS, FASHION, RESTAURANTS AND A GENERAL GUIDE TO BETTER LIVING & PURSUING EXCELLENCE IN LIFE!

SATURDAY, OCTOBER 17, 2009

Spa Peachy: Susan Ciminelli Holistic Healing Center

The cherishing and pampering of the skin and body are hallmarks of Susan Ciminelli, noted skin care authority, whose unique and holistic approach to healing the skin and body is referred to "The Healing Art of Beauty". Her years of training and experience with this holistic technique brings a very special kind of treatment to her clients, directed from within to create both internal and external beauty and [harmony](#). [Inner](#) well being to produce outer well being succinctly expresses the beauty philosophy of Susan Ciminelli. Susan's innate understanding of the human body chakras (energy centers) allow her to recognize visible manifestations of deeper imbalances ranging from adult acne to frown lines.

For this reason, her massages, body treatments, [facials](#) and carefully formulated products address the body as a whole, stimulating the energy centers from where problems surface in order to help resolve deeper issues. Susan's approach to skin and body care is aimed at establishing beauty and well being from within on a long term lasting basis. Susan's theory that the skin is a mirror of one's internal environment, reflecting how one digests, assimilates and eliminates food allows her to create a beauty regimen individually designed for her clients. A client's first visit to the spa is transformed into a celebration of their individual beauty needs caused by inner stress.

Ms. Ciminelli's custom tailored programs are based on reading the skin and an emotional and physical evaluation of a client's needs, beginning with proper nutrition to encourage internal cleansing. This evaluation combined with stress management assists the body to regenerate, rejuvenate, and effectively distress itself. All of Susan's services are directed in determining the root cause of any problems, while simultaneously achieving an overall sense of balance and energy bringing a new level of physical and emotional awareness to her clients. Susan describes this awareness as "self empowerment". Through her holistically developed services and all natural products, Susan strives to enable clients to break free of preconceived habits, making them realize that conscious nutritional changes and stress management choices can lead them to greater vitality, beauty, and longevity.

Whom You Know looks forward to reviewing this holistic wonder!