



The mermaid Ariel, of Disney fame, was a bit quick to forsake her watery world. It turns out that it is always better under the sea. As Susan Ciminelli, the founder of the Susan Ciminelli Day Spa, at New York City's Bergdorf Goodman, explains, "The trace minerals and elements found in marine water—and in the seaweed and algae that grow in it—are nourishing and easily absorbed into the skin." Our picks bring the sea's power to you. Clockwise from top left: AHAVA Advanced Mud Masque (\$28). YONKA Phyto-Gel Exfoliant body scrub (\$40). NATURA BISSÉ Diamond Bio-Lift Eye Contour Cream (\$130). PHYTOMER Oligomarin Remineralizing Marine Bath (\$39.50). INGRID MILLET Bio-Marine Extract vials (\$85 for four). The THYMES Daily Face Polish (\$17). SOTHYS Remineralizing Bath Salts (\$30). SUSAN CIMINELLI Seawater (\$55). ASTARA Activated Sea Mineral Mask (\$39). ELEMIS Pro-Collagen Marine Cream (\$124). For shopping information, see page 166.

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