

TimeOut
New York

FOR HER:
Sophisticated silhouettes
(THINK WITZACK STARLET)

FOR HIM:
Tough-guy threads
(THINK STEVE McQUEEN)

PLUS
Must-have accessories
Vintage revivals
Designer spin-offs
The best new
beauty loot
...and the season's
niche-niches
(SOREY, UGG OWNERS)

Fall
fashion
The modern face of glamour

THIS WEEK
338
new events
listed!

ChillOut
Wellness for body, mind and spirit

ALL AGLOW Using Intense Pulsed Light, Maccanica Spa's Fotofac Facial reveals new skin.

Saving face

CHILL OUT

You didn't heed your dermatologist's warnings: The call of the beach and the pleasure of the sun were too irresistible, and with summer's charms fading as quickly as your tan, you're none too pleased with the resulting fine lines, brown spots and dehydrated skin. Time for damage control. While you can't undo all the effects of sun exposure, you can take advantage of skincare technologies that will make your visage brighter, healthier and closer to its pre-sun appearance.

Boot Camp Facial

To jump-start your road to skin redemption, Brenna Collins, an aesthetician at SoHo's Haven spa, suggests the Boot Camp Facial (75 minutes, \$185). "It's a great way to start anew for the fall," she says. Aggressive exfoliation, deep-pore cleansing and a customized acid peel are all part of the treatment, which is geared to smooth fine lines and fade discoloration left from the sun. The facial also employs Sonya Dakar cleansers and creams, which are packed with antioxidants like green tea and pumpkin enzymes. "[These products] are not beneficial just as a one-time deal," stresses Collins of antioxidants' ability to help cells mend from sun damage. She likes the

one-off, mind-set to keeping annual dentist appointments but not cleaning your teeth the rest of the year. A single spa treatment, she says, "just doesn't have the same integrity" as when it's combined with the faithful use of products at home. 159 Mercer St. between Houston and Prince Sts (212-343-3513)

By Amy Thomas Photograph by Astrid Stawiarz

MDTS Vitamin Infusion Facial
For a facial with even more brown, try Glow Skin Spa's MDTs Vitamin Infusion Facial (60 minutes, \$86), which uses the renowned research company Somme Institute's skin care products. Skipping the traditional steam and extractions, this no-nonsense treatment floods your skin with essential vitamins such as A, C, E, K, B5 and D. The Somme products' patent-pending Molecular Dispersion Technology (MDTs), in which the six vitamins attach to proteins to penetrate the skin

rather than just remaining on the surface, is the key to visibly repairing sun damage. Spa owner Jillian Wright claims the texture of your skin improves with every treatment, and dramatic before-and-after personal UV photos are available at the spa to offer you proof. 30 E 80th St. between Park and Madison Aves (212-319-6654)

SeaCreation Facial

To target dehydration, another less than desirable aftereffect of spending time in the sun, Takashimaya's Balor spa offers the Sea Creation facial (80 minutes, \$250), using the ultra-high-end SeaCreation product line. "It's the Mercedes-Benz of creams," asserts ebullient aesthetician Lucy Kelly: Pearl proteins in the serum and cream help boost collagen production, and sea silk protects from moisture loss. But the magic ingredient, thermophilus—an organism