

TRIED & TRUE

EXPERIENCE THE WONDER of electric skin-care treatments—in the comfort of your own home. Thanks to the research and development of facial specialist Melanie Simon, **Circ-Cell** products emit bio-identical frequencies that stimulate skin renewal and restoration. “I’m lucky to have amazing clients in Santa Barbara,” says the licensed esthetician who also practices in Jackson Hole, Wyoming. “They have given me valuable feedback.” With great attention to detail, Simon incorporates only the most effective and natural environmentally safe, nontoxic, 100 percent vegan ingredients—including copper, plant-based stem cells, vitamin E, and watermelon seeds—in her products. “The consumer

is intelligent and discerns between something of value and something of illusion,” says Simon. “This has instilled a commitment to the highest-quality products.” —MEGAN MEYER

CIRC-CELL circcell.com. Available at Beautiful You, 1805 E. Cabrillo Blvd., Ste. B, Montecito, 805-403-6056, beautifulyoumc.com.



ABOVE: Melanie Simon.
RIGHT: The R.E.M. Masque-Serum (\$280) can be incorporated into any skin-care regimen.



GREEN MACHINES

Drink antioxidant, regenerating juices—think aloe, kale, spinach, broccoli, spirulina, even cactus—to get your skin glowing from within. Here are some of our healthy faves: Green-Superfood smoothie (\$6) from **Epic Bowl**, 819 State St., Ste. B, Santa Barbara, 805-963-8363. Lulu’s Special (from \$7) from **Pierre LaFond Market & Deli**, 516 San Ysidro Rd., Ste. 1, Montecito, 805-565-1504, pierrelafond.com. Iron Fist (\$11) from **Alchemy Arts Cafe**, 35 W. Haley St., Santa Barbara, 805-899-8811, alchemyartscenter.com.

BERRY GOOD FOR YOU

Exotic fruit blends and antiaging peptides pack a powerful punch in **Susan Ciminelli**’s latest light-weight facial product, Very Berry Antioxidant Serum (\$85, susan-ciminelli.com). Goji, pomegranate, and açai berries (among others) combined with cacao seed and coffee extracts combat free radicals and have skin-firming results.



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Three must haves for a day of surf and sand

CLOCKWISE FROM TOP LEFT: Estée Lauder’s limited-edition Bronze Goddess Soleil Eau Fraîche fragrance, \$55, and Bronze Goddess Sea Star bronzing blush compact, \$34, Saks Fifth Avenue, 805-884-9997, saks-fifthavenue.com; Samudra’s Mokulua Sunrise pouch, \$55, samudra11.com.