



QUEST'S TEN BEST WAYS TO REJUNEVATE



The Susan Ciminel Day Spa's "Ultimate Hour" takes the years off and is great for someone without a lot of time. Treatment consists of a seaweed body wrap, an aromatherapy facial (during which a full hour of soothing reflexology is performed), and an oxy-mist treatment that helps plump up skin and impart a beautiful glow. \$295. Susan Ciminel Day Spa at Bergdorf Goodman, 754 Fifth Avenue, 9th floor, 212.872.2650 or www.susanciminel.com.