



THE BRIDAL ISSUE
A bride dressed in white can't have yellow teeth. So, I head to the offices of Dr. James

laminare veneers. For brides with less-than-perfect teeth, veneers can correct without the need for invasive procedures. Dissimilarly colored or contoured teeth can be matched, misaligned teeth corrected, and permanent stains masked. Veneers will last about 10 years. (\$1,275 per tooth)

DR. JAMES EISDORFER

30 Central Park South,
4th floor, 212.421.5445

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Eisdorfer to have my less-than-pearly whites brightened.

Dr. Eisdorfer's patented "Lumalite" whitening system can lighten your teeth by eight to 12 shades. A few days before the procedure, I stop in to get casts made of my upper and lower teeth. (These will be used to make a plastic molds, which I use with a bleaching product to maintain the whiteness.)

The procedure, performed by dental technician Helene Sayegh, is painless. She applies bleach to my teeth and zaps them with a heatless laser three times (at 15 minutes

each). When I look in the mirror—wow! In about an hour, I have a model's smile (many models do, in fact, get their teeth whitened here). I am told not to drink coffee, tea, or red wine for a few days, and to cut down on them altogether to avoid staining. Results last one to two years. Dr. Eisdorfer also provides cosmetic bonding, gum re-contouring, and laminates. (Lumalite process, \$1,000) ♦

Thanks to Susan Clerk and Chastity Wilde for their assistance.

GREAT SKINCARE & MAKEUP IDEAS

SUSAN CIMINELLI'S Special Reserve Cream adds a lustrous glow to skin while providing deep nourishment and hydration (\$200). Soothe dry, sensitive skin with Hydrating Gel Mask, containing copper, aloe vera gel, Japanese green-tea extract, and comfrey (\$75). Available at Susan Ciminelli Day Spa at Bergdorf Goodman, 9th floor, 212.872.2650.



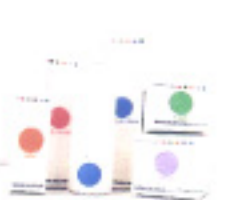
KIEHL'S Supersonic Travel Companion is filled with travel sizes of all your favorite Kiehl's products: Crème de Corps, eye cream, facial moisturizer, and lip balm (\$25). Perfect for honeymooners! Kiehl's, 309 Third Avenue, or 800-KIEHL'S-1.



JURLIQUE uses only the purest ingredients in its skincare line. Their Introductory Skin Nurturing Ritual Kit includes cleanser, face-wash cream, skin conditioner, lotion, and hydrating concentrate. (\$60-75). 800.856.1130.



ERNO LASZLO'S "Ritual" line includes Timeless Skin, an age-preventative serum (\$75); Eye Therapy, to brighten dark circles (\$52); and Hydrapiel Intensive P.M. Moisturizer to repair dehydrated skin (\$57). Available at Saks Fifth Avenue.



The SOMME INSTITUTE uses high concentrations of vitamins to repair and rejuvenate the skin in its Cosmeceuticals line. The regimen's cleanser, exfoliant, serum, and cream improves acne and sun-damaged skin. 866.66.SOMME.



Give yourself or your entire bridal party a makeover with these two adaptable four-color palettes—one for lips, the other for eyes (\$50 for both). You can also light a peony-scented candle (\$42, not pictured) to soothe your prewedding jitters. The Laura Mercier Wedding Party Collection is available at Bergdorf Goodman, or 888.MERCIER.