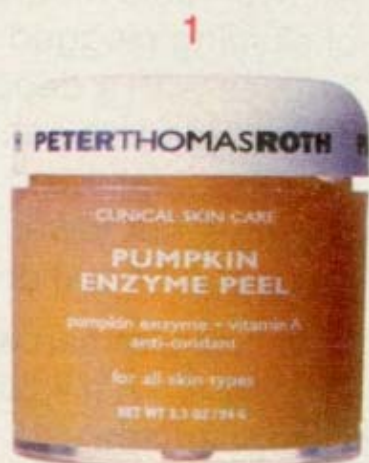




# New York Times Style Magazine Winter 2007

## PIE IN THE FACE

Pumpkin is one of the latest ingredients to hit the spa menu. "It brightens the skin without any harmful chemicals," says Susan Ciminelli of the Susan Ciminelli Day Spa in New York, where you can indulge in a Pumpkin Plum Renewal Treatment (\$200 for a full-body scrub). Packed with fruit enzymes, beta carotene, antioxidants and minerals, it's the kinder, gentler alternative to glycolic acid. The fruit sloughs off dead skin cells while treating the baby-fresh skin underneath to help prolong the glow. For a homemade treatment, Ciminelli suggests steaming the pumpkin, then peeling it and pulsing in a food processor. (Add yogurt and steamed prunes into the mix for a deeper exfoliation.) Or pick up one of these products:



1. Peter Thomas Roth Pumpkin Enzyme Peel, \$44. At Sephora.
2. Éminence Organic Skin Care Pumpkin and Orange Masque, \$40. Call (888) 747-6342.
3. June Jacobs Perfect Pumpkin Peeling Enzyme Masque, \$76. Go to [www.junejacobs.com](http://www.junejacobs.com).
4. Naturopathica Pumpkin Enzyme Peel, \$56. Go to [www.naturopathica.com](http://www.naturopathica.com).