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Posted Sunday, April 06, 2014 by Nicole Wieder, Editorial Assistant

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*Celebrity aesthetician Susan Ciminelli*

### **Honey and Yogurt Mask**

Ingredients:

½ cup full fat Greek Yogurt

2 tablespoons of raw honey

"Mix the two ingredients, make sure to blend well. Apply to clean skin. Leave the mask on for 20 minutes. Remove with a warm, damp washcloth. This can be done three times a week. The lactic acid in this mask will naturally peel away dead cells and the honey will draw moisture into the skin while protecting it from bacterial growth. This mask leaves the skin soft, dewy and fresh!"