



## My guilt free night out...

April 17, 2008

Last week, I was out for dinner at a neighborhood restaurant here on the Upper West Side (which to the rest of Manhattan (besides the upper East Side) is the "burbs" of New York City, with a college friend of mine. Across from us were two Wall Street Trader types- I kept feeling that one of the men was giving me way too many stares. This was confirmed when my Pasta Bolognese arrived with my second glass of wine and he said to me, "Would you like some help eating your pasta?" I turned to my friend and said, "And people they wonder why Wall Street is crashing- with lines like that, no wonder these guys can't close a deal!" She proceeded to choke on her wine with laughter.

Yet, to be honest, even happily married with two children it still feels good to be noticed (though wouldn't it be great if the guy who noticed me was not so embarrassingly cheesy?) I think it is healthy for a modern mum ego too- but as a mom there really is NEVER any downtime. But no good ego moment goes unpunished. After sharing a great evening out with my friend by talking about her new house, decorating and even gossiping about some of our "old" NYC skeletons (hook-ups, qu-sai boyfriends) that we have run into post marriage and children, I realize I had left my make-up bag in the cab. Must have been the two glasses of Pinot Noir I consumed- I am very out of practice. Then our new babysitter informed me that an entire hamper full of the children's laundry had been "mistakenly" taken from our laundry room. So the cost of that evening with wine and "cheese" was replacing all of my make-up, most of my children's undergarments, and my baby's FAVORITE Cookie Monster Tee-shirt.

Here are my list of my haves and must dos for the week:

Check out lilipip!Mobile Media for kids. Go to [lilipip.com](http://lilipip.com) to discover content for your kids that will educate, entertain and inspire them on the go! You can watch their website, or download them to your iPod, Blackberry, Motorola Q or other portable devices.

From manicurist to the stars Deborah Lippmann's long wear formula, lippmann collection, has less chemicals than regular polishes plus green tea in their formulas I LOVE all of the colors. The polish honestly does not chip / . Check out two of my favs.: "Smile" created with Sarah Jessica Parker and "Kiss From A Rose". You can find them at: [www.lippmanncollection.com](http://www.lippmanncollection.com), Neiman Marcus and Nordstrom

Susan Ciminelli( I use all of her products) this week I am recommending her Hydrating Gel Mask- it is a must ( I even sleep with it on some nights) I see the "glow in the morning". It is great after a cold day outside or a day at the beach. I also HIGHLY recommend Susan's Book, The Ciminelli Solution: A Seven Day Plan for Radiant Skin which suggest an amazing diet for perfect complexion. [www.susanciminelli.com](http://www.susanciminelli.com) or 212-872-2650

It's spring time- drink Hint Water ([hintwater.com](http://hintwater.com))- HINT WATER is a totally sugar free and naturally flavored bottled water. The purified water is accented with a hint of natural fruit flavors. My daughter says it is: "very yummy" . I love the taste too and like knowing there is NO sugar in it.

Posted by NatalieGeary | Filed Under [Deana's Dish](#)

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