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The Mirror

To die for... could passion drive you to risk everything?

FASHION
Be a good sport in hot heels and go-faster stripes

Star secrets: five steps to Oscar-winning skin

FREE tickets to M's



M says...

Do your own

A-list facial

If you want world-class skin you need a world-class facialist – or at the very least, a world-class facialist's advice. Here are some wise words from five of the best



BEST FOR A BREAKOUT



New York-based Susan Ciminelli's facial, about £115 (00 1 212 872-2650). J-Lo, Shakira and Sophie Dahl swear by perfectionist Susan's philosophy of better out than in – yep, she's a spot squeezer. Her sea water-based products slip right into the pores and give them a really deep clean.

DIY CHEAT: Susan's facial can be done at home using her products (for information, see Beautylounge.net). 'Start by steaming pores open for as long as you can with an infusion of fresh rosemary – just put the rosemary leaves in the sink and keep adding boiling water,' says Susan. 'The longer you can steam, the more easily you can extract.' Then wash with Susan's

Algae Deep Cleanse, £40. 'Keeping your face over the steam, extract any blackheads or spots that have come to a head with tissue wrapped around scrupulously clean fingers.' Then wash with the cleanser again, rinse with cool water and pat dry. Apply the Sea Clay Mask, £40, all over the face and rinse off with tepid water.