

January 16, 2008



Big Primpin'

Step up your A-game ("A" for awards, that is) with head-to-toe treatments and expert advice.—B.M.

ABOUT FACE

Bliss' The Youth As We Know It Facial (\$185). Consisting of a mild but effective enzyme peel, a high-tech cell-regenerating moisturizing cocktail, and a soothing collagen mask, this gentle facial dramatically reduces fine lines and wrinkles, sending you fresh-faced into the glittering swirl. Also pick up the brand-new The Youth As We Know It skincare line for your at-home regimen. *Bliss, 930 Hilgard Avenue, Los Angeles, 323-930-0330; blissworld.com.*

Tracie Martyn's Resculpting Facial (\$300). A red-carpet staple, Martyn's signature facial gives results that can last two weeks. Plus, Martyn offers a pampering travel pack containing her LotuSculpt Eyepads, cleanser, exfoliant, and firming serum. "A lot of Hollywood actresses come to see me during awards season because my signature Resculpting Facial firms, lifts, and contours the face and leaves skin immaculate, with a radiant glow. It's like a mini face-lift and requires no downtime." Visit traciemartyn.com.



Susan Ciminelli's Extensive Cleansing facial (\$359). The Bergdorf Goodman-based Ciminelli is setting up shop at the Argyle spa for pre-Oscars glammin', so don't delay: Make your appointment now. "My approach to skincare is rooted in customization, based not only on an individual's skin type but also on his/her holistic needs. Instead of using acids, chemicals, or microdermabrasion, all of which are known to dry and thin the skin, I use all-natural plant extracts, vitamins and minerals, antioxidants, and essential oils." *Argyle Spa, 8358 Sunset Boulevard, West Hollywood, 310-623-9000.*

THE EYES HAVE IT

Brow authority Anastasia Soare's red-carpet no-no's: "You cannot

star looks comfortable in her skin.

• Avoid "tanorexic" brows. This is when the star is airbrush-tanned for

• Apply Duo Adhesive to lashes and flex them between your fingers—this makes lashes easier to apply. Wait

til the glue is tacky.

• Lid as close to

as possible, then

a high-quality

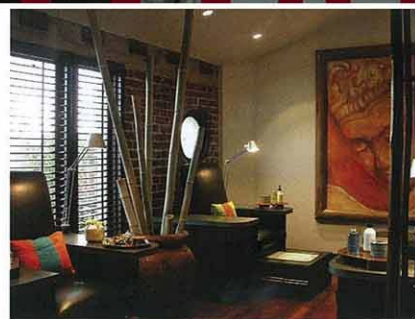
them.

ly Diva lashes at

treat them well.

Hills, 460 North

erly Hills,



NAIL IT

Ona's signature manicure/pedicure treatments (\$45/\$65). Choose from three options: Blue to soothe and relax, green to balance and refresh, or orange to energize and invigorate. The perfect mani/pedi, it includes a soak, an exfoliating sugar polish (made fresh daily), an aromatherapy hand/foot massage, and, of course, the nail color of your choice. *Ona Spa, 7373 Beverly Boulevard, Los Angeles, 323-931-4442.*

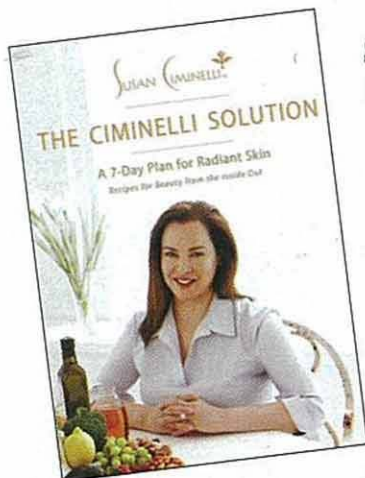
ROCK YOUR BODY

La Prairie's Body Contouring and Firming

Treatment (\$275). This full-body package starts with a stimulating exfoliation using the Cellular Microdermabrasion Cream, after which a heated wrap is applied along with the Deep Cleansing Mask to release impurities. Problem areas are then massaged using Cellular Body Contouring Complex Anti-Cellulite to soften the appearance of cellulite. Available at the Beverly Hills Hotel Spa, 9641 Sunset Boulevard, Beverly Hills, 310-887-2505.

LIP SERVICE

Cristina Bartolucci, the makeup mastermind behind DuWop cosmetics, helps you pucker up for the paparazzi. "The red carpet is all about standing out without sticking out—who can forget Björk's swan dress? This year we're seeing bold red lips, but also lush, pillowy nude lips that allow the focus to be on the eyes. The perfect way to achieve the ideal? Use DuWop's new Prime Venom and Liplingo. Prime Venom is a matte lip plumper—the first of its kind—that also acts as a primer to fill fine lines and as a base to help lipsticks go on smoothly and last longer. Next, use my Liplingo palette in nude by applying the base color with the square end of the brush—no need for lipliner. Then mix and match the gloss with the fluffer end of the brush until lips look stunning. Add a touch of the white-gold shimmer in the center of the lips for extra fullness." Available at Sephora, 6801 Hollywood Boulevard, Los Angeles, 323-462-6898.



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