

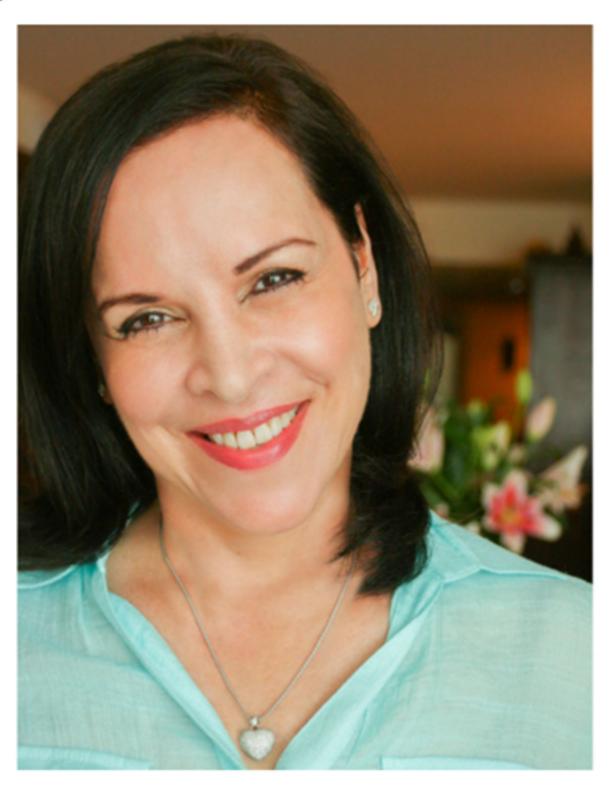
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5 Celebrity Facialists Share Their Top Cold-Weather Skin Care Tips

By Ramona Saviss | December 17, 2015 | Style & Beauty

Heading to the snow for the holidays? Try these skin-perfecting cold weather tips and tricks from five LA pros.

Susan Ciminelli of <u>Susan Ciminelli Beauty Clinic</u>: Eat Nutrient-Rich Foods During Winter





"I have my clients use the <u>Sensitive Skin Essential Oil Formula</u> and <u>Marine Lotion</u> before they apply the <u>Calming Cream</u> every day. Using the <u>Hydrating Gel Mask</u> over your night cream is an easy fix for weather-worn dehydrated skin. A humidifier is very important as well. Eat avocados a little more often as well as flax seeds, chia seeds, and bee pollen. The nutrients found in these foods are particularly good for winter skin."