



AMAN Venice Retreat “The Healing Art of Beauty”

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A four-night retreat led by Susan Ciminelli at the AMAN VENICE. Regain your skin's natural radiance while appreciating the art of Venice in Italy's UNESCO-protected floating city.

Skincare expert Susan Ciminelli shares her secrets to a glowing complexion in a four-night retreat, incorporating skin-boosting nutrition and guided art walks taking in classical and contemporary masterpieces.



“After an energy-balancing, anti-ageing and illuminating retreat, guests will leave full of radiance and positive energy, looking and feeling younger, with tools and products to continue their experience at home.” – *Susan Ciminelli*

SUSAN CIMINELLI

A true pioneer of holistic beauty and health, Susan Ciminelli turned her own skin and health around and has devoted her life to teaching and helping others to achieve the inner peace and outer radiance that is known all over the world as the “Ciminelli glow”. Susan's signature treatments and natural skincare products have long established her as a go-to wellness and beauty specialist amongst celebrities, supermodels, actors and singers. Based in New York, she has worked with some of the most beautiful women in the world today, but it is every woman she strives to uplift, bucking harmful trends to deliver useful advice, products and services that actually work.

BEST FOR:

This retreats holistic approach to anti-aging and wellness addresses both inner and outer beauty through nutrition, healing therapies and natural products.

THE AMAN VENICE:

As sumptuous and romantic as the city itself, **Aman Venice** – set in a 16th-century palazzo on the Grand Canal – is home to museum-quality treasures including Tiepolo frescoes, gilded ceilings and centuries-old leather wall coverings. Located in the vibrant Rialto district of San Polo with two private gardens, the hotel houses elegant salons, a ballroom and magnificent dining rooms, as well as a cosy roof terrace and an intimate spa, positioned, almost secretly, at the top of a hidden staircase.

THE FOOD:

The cuisine at Aman Venice combines an elegant simplicity with the rustic heartiness of fresh whole foods. A ripe tomato, freshly caught fish, homemade pasta, naturally fermented balsamic vinegar, basil from the garden – the finest ingredients are combined with grace and dexterity to present nutritious, health-giving cuisine in the guise of fine dining. Working with Susan's recipes for beautiful skin, Executive Chef Akio Fujita has added his own twist to these wonderful dishes, accompanied by organic wines especially paired by our Sommelier. Breakfast, lunch and dinner are precisely designed to support the body's natural healing, whilst at the same time feeding the senses.

OTHER HIGHLIGHTS:

Bringing a cultural dimension to Susan's holistic programme, the retreat includes daily art walks with expert guides, uncovering masterpieces from the Renaissance to the present day. The Unesco-protected city has something for everyone: float by gondola along romantic canals; sip a breakfast cappuccino by a sleepy piazza; travel back in time through the city's churches – Venice can't help but enchant. **Aman Venice** lies within easy reach of the Rialto Bridge, the Church of San Giacomo di Rialto, the Campo San Polo, the House of Goldoni, the Church of San Rocco and the Scuola Grande di San Rocco. Other world-renowned sites just a short boat-ride away include Saint Mark's Basilica and Piazza San Marco.

RETREAT DATES:

- 27 November – 1 December 2016
- 4-8 December 2016
- 5-9 March 2017
- 12-16 March 2017

THE RETREAT INCLUDES:

- Four nights' accommodation
- Three healthy meals per day in line with the Ciminelli – Solution for Radiant Skin
- One personal consultation and treatment with Susan • One Terme di Salsomaggiore Lissaggio treatment
- One private movement class
- One group movement class per day
- One healing in-room bath per day
- Selected Ciminelli products and tools
- Four evening talks by Susan Ciminelli
- One Sommelier talk on organic wines
- One Chef talk on using healing ingredients in cooking
- Three guided art walks

You will be welcomed with a gift bag of Susan Ciminelli products and tools. In addition to the retreats other daily inclusions, during your stay you will experience the Guggenheim Art Walk, the Accademia Art Walk and 'The Art and Beauty of Venice in Daily Life' walk full of glistening surprises.

Sample itinerary will be supplied on request.

YOUR ARRIVAL:

Travellers to Venice can arrive via road, train (at the Stazione Santa Lucia), ferry or plane (at Marco Polo Airport 12 kilometres outside of Venice). Ask us about private transfers directly to the Aman Venice.

TO BOOK:

Email us at info@italianalluretravel.com or Tel: +61 439 611 071 (AEST)

Or complete the [contact form on our website](#) and please ensure you mention this blog post.

