

## beautyreport

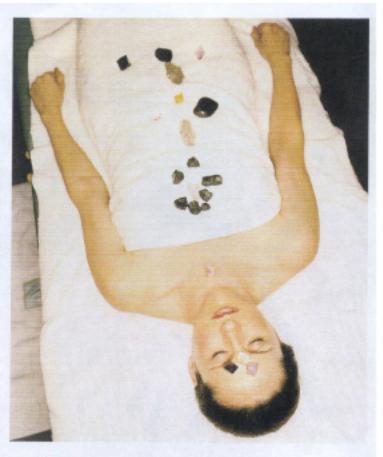
## crystal healing

SUSAN CIMINELLI DAY SPA at Bergdorf Goodman, 754 Fifth Ave., 212-872-2650

"If someone has bad karma, I won't work on them," explains Susan Ciminelli, Yikes, I think. What if it turns out that I have a bad aura and she refuses to heal me? Luckily this isn't an issue. However, I am still a bit skeptical about the Crystal Layout (\$150), a 55-minute-long new age treatment in which healing crystals are placed over key chakra (energy) points to eliminate negative vibes and restore inner harmony (spagoers get a mini version of the Crystal Layout with any treatment), "It's one of the only legal highs you will experience," Ciminelli says of the treatment, "It's orgasmic." The crystals have been soaking in warm salt water. "This clears out any had karma," she explains. Moving slowly and methodically, she gently places green tourmaline and rose quartx over my heart chakra, blue fluorite on my throat chakra, and purple crystals on my forehead.



Ciminelli tells me that if you don't want to grow, the crystals won't stay on you. She



"Ciminelli says that perfectly clear crystals can get murky after they absorb people's bad

auras. They're like Dorian Gray's portrait."

A Herkermer diamond goes over my ters on the wall: "Om Namah Shivaya." spleen to liberate my dreams. When I ask (Camenelli translates it for me: "I how to Ciminelli where she got the crystals, she the divine within.") As Champa incense says they come from all over the world. wafts into the air around me, I lie there qui-"But I don't find them-they find me." I've ethy contemplating my chakras. After just a heard that people mentally levitate during few minutes, I can't believe how relaxed a crystal layout. Lying there, totally inert, and peaceful I feel. "Your energy is covered in crystals, I'm not exactly levitat- charged and your vibrations are lightering, but I do sort of feel as if I'm tilting. 100," Ciminelli explains. She reminds me a Maybe she is drawing out my negative aura little bit of Shirley MacLaine because like a magnet. In the corner of the room, I Shirley is smart, just a touch loopy, but oh nothing can shake those suckers free! notice a Hindu mantra printed in large let- so lovable. I think I'm a convert.