



**Jelen Hunt**  
In the Move

**Easy Skin Care**  
All You Need to Know

**New York, New York**  
6 Stars Show Us the Secrets of the City

**It's Time To Shop**

Suits to Wear Now

Sexy Shoe For Evening

44 Great Web Site

Get the Look

## beautyreport

### crystal healing

SUSAN CIMINELLI DAY SPA at Bergdorf Goodman, 754 Fifth Ave., 212-872-2650

"If someone has bad karma, I won't work on them," explains Susan Ciminelli. Yikes, I think. What if it turns out that I have a bad aura and she refuses to heal me? Luckily this isn't an issue. However, I am still a bit skeptical about the Crystal Layout (\$150, a 55-minute-long new age treatment in which healing crystals are placed over key chakra (energy) points to eliminate negative vibes and restore inner harmony [spa-goers get a mini version of the Crystal Layout with any treatment]). "It's one of the only legal highs you will experience," Ciminelli says of the treatment. "It's orgasmic." The crystals have been soaking in warm salt water. "This clears out any bad karma," she explains. Moving slowly and methodically, she gently places green tourmaline and rose quartz over my heart chakra, blue fluorite on my throat chakra, and purple crystals on my forehead.



Ciminelli tells me that if you don't want to grow, the crystals won't stay on you. She doesn't have to use Crazy Glue with me—nothing can shake those suckers free!



**"Ciminelli says that perfectly clear crystals can get murky after they absorb people's bad auras. They're like Dorian Gray's portrait."**

A Herkimer diamond goes over my spleen to liberate my dreams. When I ask Ciminelli where she got the crystals, she says they come from all over the world. "But I don't find them—they find me." I've heard that people mentally levitate during a crystal layout. Lying there, totally inert, covered in crystals, I'm not exactly levitating, but I do sort of feel as if I'm tilting. Maybe she is drawing out my negative aura like a magnet. In the corner of the room, I notice a Hindu mantra printed in large let-

ters on the wall: "Om Namah Shivaya." (Ciminelli translates it for me: "I bow to the divine within.") As Champa incense wafts into the air around me, I lie there quietly contemplating my chakras. After just a few minutes, I can't believe how relaxed and peaceful I feel. "Your energy is charged and your vibrations are lighter too," Ciminelli explains. She reminds me a little bit of Shirley MacLaine because Shirley is smart, just a touch loopy, but oh so lovable. I think I'm a convert.