

# 5 Must-Read Anti-Aging Skincare Tips from Celebrity Facialists, Skincare Experts & Top Dermatologists

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From fine lines and wrinkles to sun spots and sagging, today's beauty guide features anti-aging skincare tips from celebrity facialists, renowned skincare experts, and top Dermatologists.

As each year passes, we face new challenges to overcome. When it comes to our skin, it can sometimes seem like we're on a never-ending journey of changes, always trying to figure out how to resolve one skin problem, before we conquer the next.

## 5 Anti-Aging Skincare Tips from Top Skin Experts

Whether you're in your 20's and want to get a head-start on your anti-aging skincare regime, or you're in your 40's and want to reverse the visible signs of aging, these must-read anti-aging skincare tips give you the insight you need to help your skin look youthful, healthy, and radiant.

[...]

**5. APPLY ESSENTIAL OILS:** Ever wonder how Jennifer Lopez gets that covetable, glowing complexion? Thanks to her Celebrity Facialist, **Susan Ciminelli**, Creator of the **Susan Ciminelli Beauty Clinic** (in New York City and Beverly Hills), touts the benefits of essential oils as must-have anti-aging skincare products. "What we can actively do is use pure essential oils with plant-based vitamins and minerals from the sea. This is the best thing your skin needs to turn back the clock!"