

REV UP FOR THE HOLIDAYS!

Beyoncé's Raw Power and Rocketing Career
From Opulent to Outrageous: Presents with a *Luxury Spin*
Racing Toward 2004! *Eat...Drink...Party* at Mach Speed

IN NEW YORK
Dec. 10 Winter in New York issue
LIFESTYLE • ENTERTAINMENT • ART • THEATRE • DINING • SHOPPING

SKIN SAVER. The Dec. sun can still damage skin, but the Oxy-Mist Treatment awakens tired cells with a blast of oxygen and essential amino acids along with a micronized vitamin E to make your face glow like the springtime.

Susan Ciminelli Day Spa, 872-2650

and custom-scoring to massage tools and hair care products. Then, enjoy using them in the comfort of your own home or hotel room.
Safe Island, 707-9915 —William Gibson

New Year, New Look

This holiday season, indulge the inner you while pampering your body with these revitalizing treatments at the city's most elite spas.

TREAT YOUR FEET. After spending the day on your feet, soothe them with a foot reflexology massage, soign away stress by stimulating pressure points, creating Zen-like contentment for your entire body. Adeline's, 829-1702

LUSTROUS LOCKS. For lustrous locks, treat your scalp to some TLC. The Aromatherapy Hair and Scalp treatment uses a blend of aromatic botanicals to create a healthier hair environment. Alcove Day Spa & Hair Design, 944-0500

HEAD-TO-TOE HEALING. The Sea C Spa Treatment offers relief for tired skin by combining pure vitamin C with seaweed mud patches and an organic mask to revitalize skin renewal. Essential Skin Care, 253-9893

ULTIMATE INDULGENCE. Prepare for a night out with a 3-hr Revitalizing Spa Package which includes a steam shower, seaweed-mud body wrap, massage, and more. Fair European Skin Care Center and Day Spa, 245-8557

BLOW DRY. Revive dry skin with the Sea Salt Exfoliating Full Body Treatment, which uses Dead Sea salt to peel away impurities, leaving your skin clearer with a smoother, more youthful appearance. Alcove European Spa, 984-0807

SOMETHING TO SMILE ABOUT. Get a 100-watt smile with a one-hour bleaching session. The Rembrandt® Sapphire Light System, a laser-like intense light, and peroxide base gel, gets teeth an average of 10° degrees lighter. OAKbleach, 328-9577

GETTING WARMER. Ward off winter chills with a Warm Stone Full-Body Massage; feel the cold melt away as heated stones glide across your skin, coming to rest on trigger points to ease tension and create a sense of inner relief. Silver Star Spa, 821-8258

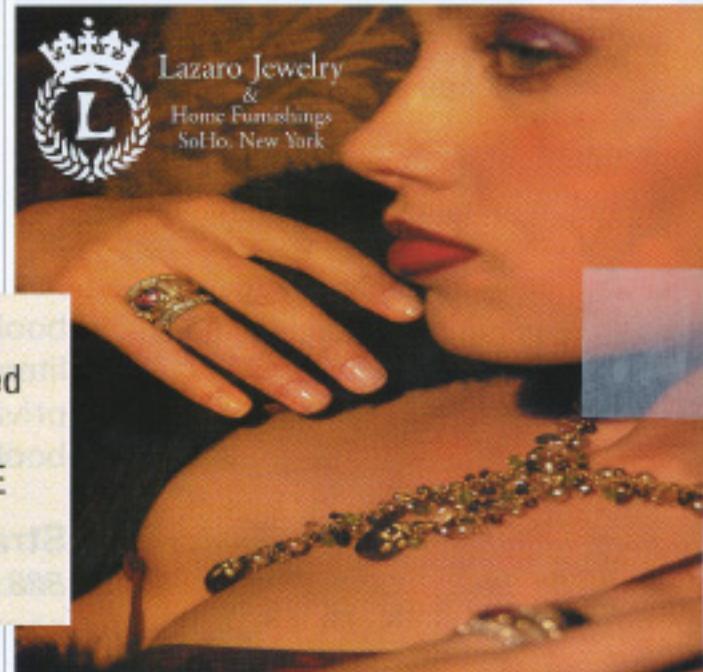


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