

Queen of Retreats suggests... 5 retreats for Autumn



Kamalaya on Koh Samui

Travel journalist and founder of Queen of Retreats, Caroline Sylger Jones, has been reviewing spas, retreats and healthy holidays for over 18 years. Here she picks out some intriguing new luxury retreats for Autumn.

20 September 2016 by Caroline Sylger Jones

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The gloriously elegant spa hotel [Aman Venice](#) will host a 4 night 'Healing Art of Beauty' retreat with holistic beauty and health pioneer Susan Ciminelli 27 November – 1 December 2016. Renowned for her holistic approach to skincare, Susan will share her beauty and nutrition secrets through private consultations, talks and treatments, and collaborate with the chefs at [Aman](#) Venice to create delicious bespoke meals for her guests. The retreat will also run 4 – 8 December 2016, 5 – 12 March 2017 and 12 – 16 March 2017 (from 1635 euros pp per night).

[Queen of Retreats](#)

Voted by The Sunday Telegraph's Stella magazine as one of their 'Top 10 Health and Wellbeing websites', Queen of Retreats is the leading healthy travel website for honest, independent reviews of spas, retreats and healthy holidays of all kinds worldwide. Caroline also offers a Retreat Concierge service to help you find a retreat that suits you – for details drop her a line [here](#).

