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How To Stop The Holidays From Ruining Your Skin

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You're forgetting something. And no, it's not someone on your holiday list. The excess sugar and alcohol you're about to consume over the next 6 weeks isn't only potentially disastrous to your waistline, but for your skin as well. This unhealthy streak can wreak havoc on your complexion, which is the last thing you need during picture-taking season. So follow the link below where skincare gurus Madison DeClercq and Leslie Kritzer of Mad Beauty, and Susan Ciminelli and Allison Marks of Arcona, educate us all on the effects of such rich, festive fare, plus how to take a holistic approach to skincare this season so you're left glowing and gorgeous.

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