

GOTHAM

North America's best spas—
it's time to pamper yourself!

behind the scenes with Manhattan's top restaurateurs

Gretchen Mol

the sexy ascent of a blonde bombshell

guess who's coming to dinner... an Oscar winner, a senator, & the editor of the New York Post



Provence perfection at Cal-a-Vie in Vista. SAUNA soaks and superlative spa

id—typically stay from Sunday to Sunday, re-day packages are available. But why? The Greenhouse Spa is a pampering agen facials, reflexology, acupuncture, et zy also offer specialty programs, such as a ity fitness week with Navy Seals; dance e all of the classes are dance related; or a es with high-powered speakers. If you like being spoiled rotten in a big fancy man- sority house... welcome, y'all! The Spa, 817-640-4000, greenhousespa.net, free day \$3,850.

TIN SPA RESORT, AUSTIN, TEXAS are's a 40-room luxury destination spa in as, former hometown of President George 2001 they completed \$8 million in renovations beginning construction on an 18,000- new spa building in the next month. Last ebuted two all-female golf schools, "Tee to l "Swinging in Harmony," which were so hey added four more this year, one of

which (Se gets you 1 classes an one 80 mi race train: 5637, lake

utah **GREEN V** Yes, it's c Mormon: Green Va and inclu swimming ing range, more than are creati pure esse Southwest

special options include the Native American Program led by Gwen Moon, and Life Coaching, which is designed to help you make some of it all, whatever "it"

Susan Ciminelli Day Spa

A day spa luxe enough to be housed atop Bergdorf Goodman—this is some serious pampering. The gently trickling fountain and aromatherapy-infused air welcome clients into a world of relaxation, far from the bustling streets below. The spa offers treatments ranging from wraps and rubs to Reiki, waxing, and beyond. But we suggest booking a facial with Susan herself (prices start at \$190), whose delicate tableside manner takes you to unprecedented levels of bliss, especially when paired with reflexology (\$110). But shoppers beware: Your post-treatment altered state may lead to frivolous purchases in Bergdorf's shoe department. **Susan Ciminelli, 754 Fifth Avenue, 872-2650.**

MORE FOR THE WOMEN...

the pampering really begins at the La Prairie Spa. The revered Swiss skincare company has set up shop at the Ritz-Carlton, offering treatments from manicures and pedicures, to massage and express treatments that have you in, out, and on your way, feeling great. Our pick: the Total Rejuvenation (\$350), which includes all your favorites (exfoliation, moisturization, hot stone massage, and reflexology) rolled into one relaxing hour. *La Prairie Park*

ock and a tone Spa. savor the hey glide here's no 15-minute i, and say n need of the Maya reen mud r followed er steam. so good. 54-3045.

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