

Cool Beans

SEND to a FRIEND

Don't you love it when someone says "You look so tired"? Really makes you feel good about yourself. Especially when it's your mother. Or, better yet, your facialist. (Like you pay her for that crap?)

So you can imagine the giddy thrill we got when on a recent trip to the ever-swank Susan Ciminelli Day Spa, Susan revealed her trick. No, it wasn't a miracle cream. No kooky facial exercises. A pill? Nope.

Aduki bean soup.

Sound like this belongs on the shelf next to the [wonder zit salve](#) or the make-you-skinny [B-12](#)? We were skeptical too. Till one recent Sunday afternoon when we put on the Martha Stewart toque and made Ciminelli's legendary stew. (Part chili, part soup -- all yum!)

Three hours later, we forgot all about the dark circles.

You think fava bean pate could do something for our crow's-feet?

For the recipe, go to
susanciminelli.com/content/sc/uel.html.

