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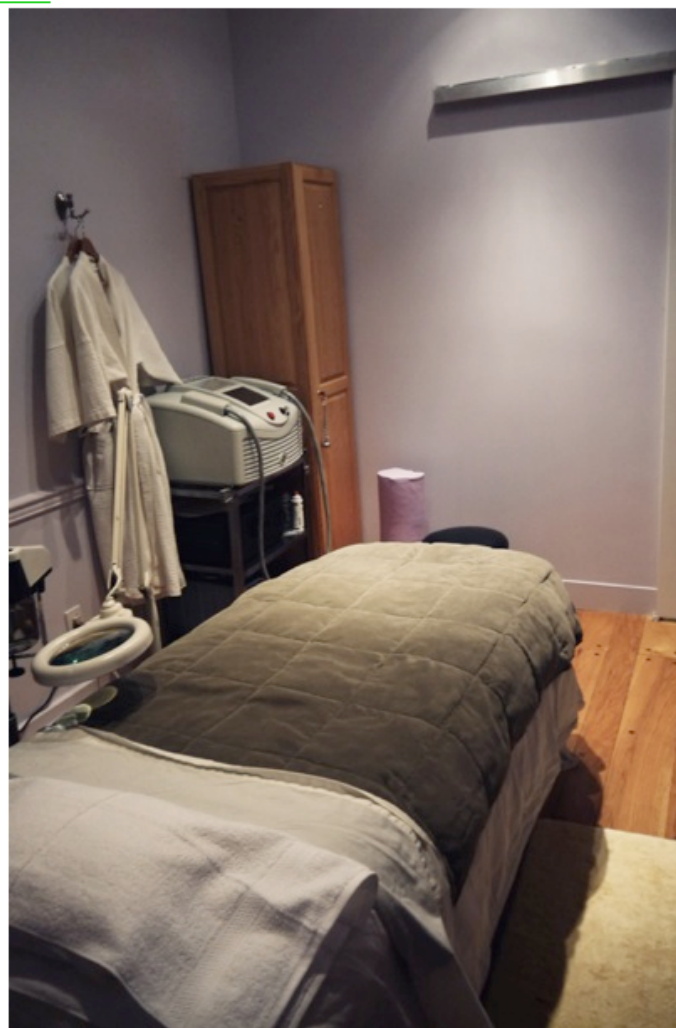
I've had a grand plan to try to avoid this winter as much as I can, and I've been doing a pretty decent job. Here's what's been holding it down for me in between my escapades:

1) [Susan Ciminelli products](#), \$50-\$105



Susan Ciminelli products

I can't stop raving about [Susan Ciminelli](#), the woman, her spa, AND her products. I was invited a couple months ago to get a facial at her 57th street oasis, and her holistic approach was refreshing. For one, Susan discusses diet a lot when examining [my face](#) (she warned me against dairy that could be causing some breakouts along my jawline, and asked that I up the veggies like radishes). Then, she used her own products made of only natural ingredients that I stocked up on for some serious after-care. She ended the facial placing crystals on me, which she said absorbs the negative energy. If that's true or not, all I know was I left the beauty clinic feeling exceptionally light and my skin, so much brighter. I've been using her [Algae Deep Cleanse](#), [Cleansing Gel](#), [Seawater spray](#), and [Toning Formula](#) on blemishes and my skin has been more than cooperative for once. She's the real deal and her products are a lifesaver. If you're not familiar with her stuff, I'd suggest getting a facial with her and letting her [customize](#) a skin regimen (she a reservoir of info when it comes to skincare).



Susan Ciminelli's spa

She knows so much about ingredients because she studied it all intensely when she had skin issues of her own as a teenager. Plus, she has a whole section on skin-loving food [recipes on her site](#). An aesthetician and foodie? This love affair was bound to happen. They cost a pretty penny though, if you're serious about changing your skin with natural remedies, it will be worth it.

[...]

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